



MARIN SERVICES for Women

ANNUAL REPORT TO THE COMMUNITY 2007-2008

Through the generous support of all of you, our community partners, Marin Services for Women was able to touch the lives of nearly 700 women, children and family members last year. The services we provide to women, span the nine Bay Area Counties. Your financial services provided chemical dependency and trauma recovery services to women, their children and their family members. Families in crisis were reunited with their now sober mothers, daughters and sisters. Our committed board, alumnae and volunteers shared their gifts of time and talent

delivering more than 4000 hours of service. Their helping hands governed the agency, answered phones, stuffed envelopes, prepared meals, rocked babies, and reached out in support of women turning their lives from addiction to recovery.

On behalf of the many hundreds served, thank you for making such a difference in the lives of women.

-- *Cindy L. Myers, Ph.D.*, Chief Executive Officer

CHILD DEVELOPMENT CENTER- \$136,705

Children of residential & outpatient clients are cared for while their mothers are in treatment. The CDC provides a safe and nurturing environment for young children that includes recreation, exercise, health screenings and referrals to MSW's community partners for additional care.



TRAUMA RECOVERY SERVICES- \$131,155

Women attend special groups that address Post-Traumatic Stress Disorder (PTSD) and/or anxiety and depression. Women look at these issues in terms of their safety and stabilization and learn coping skills that help them deal with their experiences with health behaviors.

TRANSITIONAL HOUSING- \$145,492

Affordable clean and sober housing for women who have graduated from a primary recovery program and are enrolled in an MSW Outpatient program. Continued contact with MSW staff, clients and alumnae helps ensure a successful transition to sober living. Mothers may bring up to two children under the age of 10.



ALUMNAE & VOLUNTEER SERVICES- \$39,068

The Alumnae Association is a fellowship of MSW program graduates who work together to strengthen and support each others' recovery, as well as the recovery of current program participants and to participate in activities.

Volunteer opportunities are available for both individuals & groups.

OUTPATIENT TREATMENT PROGRAM- \$410,186

A three phase program that provides clients with individualized recovery services. Outpatient clients live at home or in MSW's Independent/Transitional Living housing. Treatment includes group counseling, alcohol and drug education, life-skills training and an introduction to the 12-Step process. Day and Evening Programs are available.



RESIDENTIAL TREATMENT PROGRAM- \$1,288,905

A comprehensive, individualized residential recovery program for women- solo, pregnant and/or parenting-- that includes individual and group counseling, alcohol and other drug education, life-skills and referrals to outside vocational training, 12-step meetings, case management, expressive arts therapy, relapse prevention, re-entry support and family programs. Children age five and under may accompany their mothers into treatment. Specific pregnancy and parenting-related services are provided, including coordinated prenatal care, parent support and education, assessment and referrals for children.

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Director of Programs

Lynn McLeod, MA, MFT
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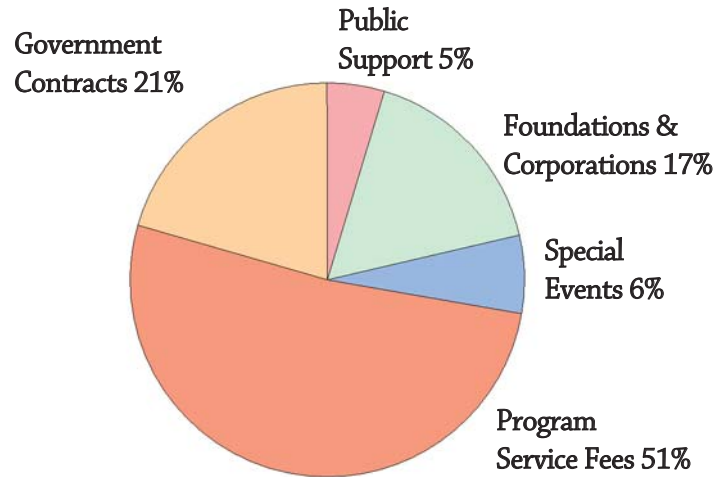
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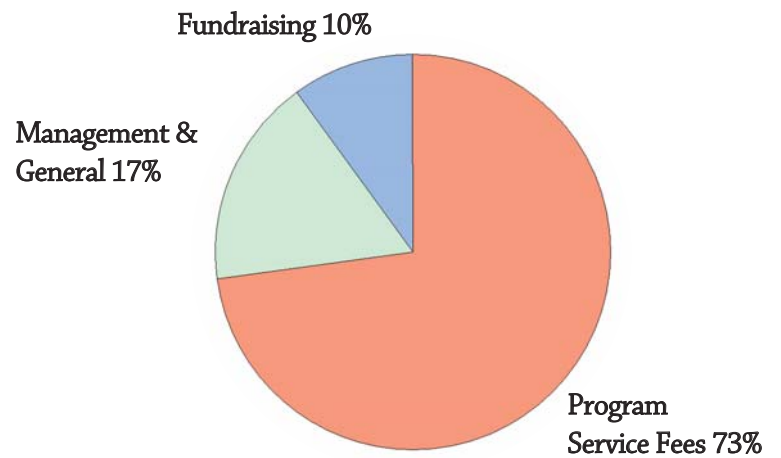
2007-08 REVENUE

Public Support.....	\$132,420
Foundations & Corporations.....	\$478,500
Special Events.....	\$176,892
Program Service Fees.....	\$1,465,420
Government Contracts.....	\$586,680



2007-08 EXPENSES

Fundraising.....	\$299,383
Management & General.....	\$502,080
Program Services.....	\$2,151,512



SERVING OUR COMMUNITY

WHO WE SERVED....

- Last year at Marin Services for Women **348 women, 89 children, and 258 family members** were directly served through our programs.
- 11% of the women we served were **homeless** at the time of their admission.
- Nearly 1 in 6 women were **50+ years old and 67% first used a substance before the age of 18.**
- 11 women were **pregnant** when they began their treatment.
- **Primary drug of choice:** 48% alcohol, 6% heroin, 22% methamphetamine, 9% cocaine, 3% marijuana, 9% other opiates, 3% other.
- **2 out of 3 women** in our programs reported the use of more than one drug simultaneously.
- 75% of women also struggled with **other psychiatric issues.**



CHANGING LIVES....

Upon completion of our programs, clients fill out a satisfaction survey. The positive outcome of these surveys speak to the quality of services provided and their affect on the women who utilize them. In 2007-2008...

- 82% of clients stated that their mental health improved.
- 87% declared their physical health improved.
- 91% of women with children reported a positive change in their parenting skills.
- 85% felt an empowering increase in their self-esteem
- 83% of clients had improved relationships with family members and friends.